

WHERE AND WHEN ARE EAP SERVICES AVAILABLE?

Counseling services for the District's EAP are provided by EAP Consultants, Inc. Their office is located at 6237-B Presidential Ct., Fort Myers. Appointments are available 9 A.M. to 8 P.M., Monday through Thursday, and 9 A.M. to 5 P.M. on Friday. In case of an emergency, the EAP staff is available 24 hours a day, 7 days a week.

EAP services are also available outside of Lee County. EAP Consultants will schedule out-of-area consulting services.

HOW DO I ACCESS THE EAP?

For more information or to schedule an appointment, you or your dependent may call the EAP office directly at 433-1211 between the hours of 9 A.M. and 5:30 P.M., Monday through Friday. In case of an emergency, you can call 24 hours a day, 7 days a week.

HELP
is as near as
your
phone



Call:
433-1211

Outside Lee County:
1-800-421-1487

EMPLOYEE ASSISTANCE PROGRAM

PROVIDED BY
EAP Consultants, Inc.
6237-B Presidential Ct.
Fort Myers, Florida
(239) 433-1211



WHAT IS AN EAP?

The School District of Lee County's Employee Assistance Program (EAP) is a confidential evaluation, referral, and counseling service provided to all eligible employees and dependent members of their household. The EAP is sponsored by the District's Wellness Program. Up to eight (8) counseling sessions are offered at no cost to you or your family members.

Employee Assistance Programs evolved from employers' awareness that job performance and employee well-being were closely related. While you will usually be able to work through routine problems, you may occasionally have serious problems that require outside help. EAP counselors possess the education, training, and experience to help you with problems involving: family and marital conflicts, job stress, financial difficulties, legal needs, separation/divorce, anxiety/depression/anger and alcohol/drug abuse.

All EAP referrals are voluntary. The primary goal of the program is to provide the support and guidance necessary to help you and your family enhance both your personal and professional lives.

WHAT SERVICES DOES THE EAP PROVIDE?

Your EAP Program provides:

- Immediate help with crisis-type problems.
- Problem assessment and evaluation to identify major issues and to develop a plan of action.
- Short-term counseling for resolution of many problems.
- Thorough knowledge of health plan and community resources for referrals to the best outside providers when needed.
- Follow-up counseling to ensure your satisfaction with the help you are receiving.

It is important to remember that while most personal problems can be resolved by EAP counseling alone, more acute problems will require outside resources in the health care community. The goal of a referral is to recommend the best, most appropriate service at the lowest cost to you.

WHAT DO EAP SERVICES COST?

EAP services are a part of the Lee County Schools Wellness Program. Up to eight (8) EAP counseling sessions are offered at no cost to you or dependent members of your household. Since EAP services are free, the only thing you can possibly lose is your problem!

IS THE EAP REALLY CONFIDENTIAL?

Confidentiality is the foundation of an Employee Assistance Program. EAP services must be confidential in order to be successful. When you seek help voluntarily, no one will be told that you are using the program.

A supervisor may also refer you to EAP if a job performance problem develops and persists. Acceptance of the service is always voluntary and your supervisor will be told only that you did or did not keep your appointment. The counselor does not release any further information.

Your participation in the Employee Assistance Program is covered and protected by state and federal laws. Information may only be released with your written permission and/or in situations where problems are life-threatening.